

WHAT IS THIS ABOUT?

Men's Behaviour Change Programs are for men who want to stop using violent, coercive and controlling behaviour in their intimate relationships. The *Engage2Change* program is a 19-week group program that offers men an inclusive setting to examine hurt and harm and the impacts.



IS THIS FOR ME?

The *Engage2Change* men's behaviour change program provides an opportunity for men to develop safe and respectful relationships and learn non abusive behaviours. The program is aimed at men who are ready to take responsibility for their own actions. It is a unique, collaborative experience based on group work.

OUR CONTACT DETAILS

If you would like to request more information about any of our programs or ask for support, please call us on (02) 6563 1588 9am-4:30pm Mon-Fri. All personal information provided is treated with privacy and confidentiality.

Kempsey Families Inc.

21 Verge St, Kempsey NSW 2440

Ph: (02) 6563 1588

Monday to Friday 8.30am - 4.30pm

w: kempseyfamilies.org.au

f: facebook.com/kempseyfamilies

WHAT WE DO

We offer specialised support services that provide a range of options for women, children and men. Our range of programs ensure that services are available to support the wellbeing and nurturing of children and families, especially those who are at risk and/or disadvantaged.



TIME FOR CHANGE?



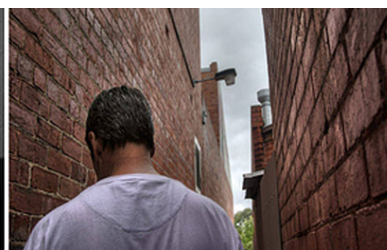
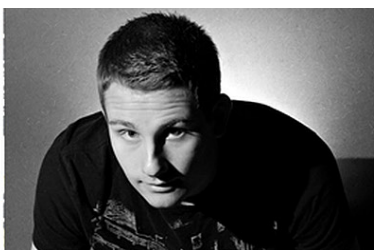
Engage2Change

men's behaviour change program

CONCERNED ABOUT YOUR BEHAVIOUR?

If you are ready to take responsibility for your own behaviour and actions, our *Engage2Change* program could be for you. Call for a confidential, and respectful conversation to find out more.

P: 02 6563 1588
M: 0437 737 818



WHAT ABOUT MY PARTNER?



Depending on individual circumstances, the Women and Children's Advocate will contact your partner and/or ex-partner and offer support while you undertake the program. A requirement of entry into the program is that you provide the contact details of your current and/or ex-partner. The safety of women and children is the primary focus of the *Engage2Change* program.

INTAKE & ASSESSMENT

The *Engage2Change* program provides 4 intake and assessment appointments to identify the participants' goals. These assessment meetings are designed to also establish the participants' commitment to healthy, non-violent relationships and readiness to change.



OUR PRINCIPLES



- Safety - underpins the *Engage2Change* Men's Behaviour Change Program.
- Prioritising - the safety of women, children and the community.
- Responsibility – willingness to accept and examine the use of violence in past and/or present intimate relationships.
- Accountability – An invitation to be accountable for your own thoughts, behaviours and their impacts.
- Respect - The group works on respectful interaction and communication.
- Honesty – Maintain an open and genuine exchange within the program.

WHERE IS IT AVAILABLE?

The *Engage2Change* Program is available across Kempsey and the Nambucca Valley.

OUR GOALS



Kempsey Families Inc are leaders in the Men's Behaviour Change space. One of the original four pilot sites in NSW as the lead agency in the Mid North Coast Consortium.

Kempsey Families is now an accredited Industry Expert in Men's Behaviour Change and covers the Kempsey and Nambucca Valley. We provide specialised supports to men seeking assistance to address their use of violence in past or current intimate relationships.



**Communities
& Justice**

The Engage2Change Program is funded by the NSW Department of Communities & Justice