

THE RED SHED PLAYGROUP

Offers a culturally appropriate facilitated playgroup for parents/carers and children 0-5 years. Share a social, playful and craft focused environment.

Wednesdays 10.00am-12.00pm



HOW TO CONTACT US

If you would like to request more information about one of our projects or ask us for help please call us on (02) 6563 1588. All personal information provided to us is treated with the utmost privacy and confidentiality.

Kempsey Families Inc.

21 Verge St, Kempsey NSW 2440

Ph: (02) 6563 1588

Monday to Friday 9.00am - 4.00pm

w: kempseyfamilies.org.au

f: facebook.com/kempseyfamilies



Community Outreach Services

Healthy Minds

Cutting-edge approach to preventive psychology: building resilience, wellbeing and performance.

Our Funding

We are funded by the NSW Department of Communities and Justice, Women NSW, and the Benevolent Society under the Communities for Children Initiative.



Our Vision

Our vision is for a safe, equitable and inclusive society where children, families and communities are safe, healthy, resilient and connected.



safe children strong families
supportive communities

ABOUT OUR SERVICES



About Us

Our specialist support services are available to support the wellbeing and nurturing of children and families, especially those who are vulnerable and disadvantaged, to enable them to manage life's transitions, ensure children are protected and contribute to building stronger, safer and more resilient community.

Our Purpose

We deliver high quality responsive family support and specialist domestic and family violence services, working in partnership with the community to enhance the safety, health and wellbeing of children, young people and their families.

Our Key Values

Act with integrity. Promote collaboration.
Champion client rights. Work respectfully
Prioritise safety.

OUR FREE PROGRAMS



- **Staying Home Leaving Violence**
Staying Home Leaving Violence (SHLV) supports victims of domestic and family violence (DFV) through promoting housing stability and focusing on preventing homelessness. DFV is the key driver for homelessness for women and children.
- **Speak Out 4 Kids**
Group work programs for women and children impacted by domestic and family violence (DFV). The project believes that the community needs to be the voice for all our children and speak up and out about violence in the home.
- **Engage 2 Change**
Men's Behaviour Change program focusing on the safety of women and children, to hold men accountable for their violence and provide them the opportunity to take responsibility for their actions.
- **Fixed Address**
Targeted program for men who have used domestic or family violence in their present or past relationships. These men will be, or are at risk of exclusion from the family home due to their violence.

OUR FREE PROGRAMS



- **Family Worker**
Parenting support, relevant advocacy or referral to other organisations, professional services and/or government agencies.
- **Parenting Programs**
Group work or one-on-one programs which support parents/carers with their parenting strategies, including Triple P and Bringing up Great Kids, for parents/carers of children 0-12 years.
- **Youth and Family Worker**
Support and case management for vulnerable young people 12-17 years, including their parents and families in the conversation.
- **Young Parents Worker**
Case management, one-on-one family work, partnerships in parenting - for young parents aged 14-25 & their children with a focus on domestic and family violence support.

